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FOR IMMEDIATE RELEASE

NATIONAL SENIOR GAMES SUMMER 2013

(CLEVELAND SPORTS COMMISSION)

CLEVELAND, OH – This year, Cleveland, Ohio is proud to host the National Senior Games from July 19 through August 1, 2013. Cleveland will be buzzing with excitement and activities with the single largest visitor event in Cleveland in decades. The Senior Games first began in 1985 and are dedicated to the promotion of healthy lifestyles and motivating active adults. The Games are attracting 10,000 athletes from all across the United States ages 50 and older. These senior athletes will be competing in a diverse array of events on the individual, team, and demonstration level. The many venues for the sport events highlight all that the downtown Cleveland area has to offer the locals as well as out-of-town athletes and their families and friends. The events utilize the freshly new Cleveland Convention Center, Cleveland Public Hall, Cleveland State University, Case Western Reserve University and the shores of Lake Erie.

Cleveland natives are encouraged to check out all the hustle and bustle surrounding the Senior Games! People of all ages are welcome to attend the daily free events and watch the senior athletes compete in over 19 sporting events including archery, track and field, basketball, volleyball, a triathlon and more. Free and exciting entertainment will be provided throughout the Games!

If you would like to attend, visit the National Senior Games Association website calendar at <http://www.nsga.com/events-calendar.aspx> to learn more. Look for flyers and posts surrounding the Senior Games around Cleveland. Follow us on Facebook and Twitter for contests and prizes! For further information, please call 225-766-6800 ext. 5104.



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